From fraternity house to research center to academic department building, UNC’s Evergreen House has accommodated many different people and projects since its completion in 1890. However, as of this summer, it is now home to the UNC Department of Psychology Community Clinic. The Evergreen House is located off of Cameron Street and Columbia Street, right across campus from the clinic’s former location in Davie Hall. Currently, the clinic has two locations, one at the Evergreen House and one off of Finley Golf Course Road. The Evergreen location primarily serves adults and the Finley location primarily serves families and children.

The UNC Department of Psychology Community Clinic hosted a successful open house reception on October 12th. Faculty, staff, graduate students, and administrators university-wide visited the newly renovated facility. Erica H. Wise, Ph.D., Director of the Community Clinic, and Richard Clark, MBA, MSIS, Clinic Manager, both shared stories of Evergreen’s history and the renovation process. As they led small groups of guests on tours of Evergreen, everyone was impressed with the dramatic transformation of the space and excited for the clinic’s possibilities.

The clinic has been in operation for over forty years and expanded to its Finley location just over five years ago in order to better serve children and their families. Both the Finley and Evergreen locations are community-based training facilities for doctoral students in clinical psychology. These graduate students learn to provide evidence-based psychological treatments in a compassionate environment to members of the campus and community. The clinic also seeks to promote clinical research and share this knowledge with the community through presentations, workshops, and consultative services. For adult clients, the clinic provides psychotherapy for a broad range of concerns, including depression, anger, academic or vocational functioning, interpersonal relationships, family and self-esteem. The clinic also provides testing and psychological evaluation for adults with learning disabilities. In a typical course of treatment, the client and therapist work together through one...

(Continued on Page 4)
As you will see from our annual newsletter, there were many exciting developments in the Department this past year. I’m very happy to report that we expanded UNC’s Department of Psychology Community Clinic into the newly renovated Evergreen House, located on UNC’s main campus. Evergreen House will serve as a community-based training facility for doctoral students in clinical psychology. Additionally, we have been very fortunate to recruit a number of new faculty this past year. Our faculty have been extraordinarily successful at obtaining external grant funding to support their research programs. For example, Mitch Prinstein was awarded a multimillion-dollar grant from the National Institute of Mental Health to support his research project. Many faculty have also received awards for outstanding undergraduate teaching, outstanding clinical supervision, and have been recognized for excellence with Distinguished Term Professorships.

Our outstanding students continue to flourish as evidenced by their numerous achievements and prestigious awards. Remarkably, twenty-three graduate students have received grants and fellowships awarded by external agencies including the American Psychological Association, the National Institutes of Mental Health, Drug Abuse, Aging and others, and the National Science Foundation. Our commitment to undergraduate research remains strong, and is highlighted in the annual honors poster session.

On a less positive note, the state of North Carolina continues to cut budgets, hindering our ability to teach and mentor our students, support faculty and student research, and reward excellence in teaching and research. These budget reductions have presented challenges for the Department as a whole. More specifically, the hiring of fixed term faculty has been restricted and as a result, undergraduate class sizes have increased. We have also had to restrict our graduate student enrollment. In spite of these reductions, our many successes, some of which you will read about in this issue of our newsletter, provide reason for optimism for the future of the Department. Please consider helping the Department capitalize on our many strengths by making a tax-deductible contribution using the enclosed envelope. Private funding is more critical than ever as we face significant cuts to our state supported operating budget.

In closing, I would again like to offer special thanks to our alumni and friends. Your generous support and contributions to the Department have enabled many of the opportunities and accomplishments described within these pages. I hope you enjoy hearing news from the Department. When on campus, I invite you to visit us.

Greetings from DAVIE HALL and THE DEPARTMENT of PSYCHOLOGY!
**NEW DIRECTOR**

**HUSSONG APPOINTED AS DIRECTOR, CENTER FOR DEVELOPMENTAL SCIENCE**

ANDREA HUSSONG joined the Department of Psychology in 1997 as a Professor in the Clinical Psychology program and served as Interim Director of Undergraduate Studies from 2010 to 2011. In August, Hussong was appointed the Director of the Center for Developmental Science (CDS). The Center advances the transdisciplinary study of the development of humans in their contexts (e.g., families, peer groups, schools) across the life span. The CDS was established in 1993 and has both a research and training mission, offering opportunities for research at all levels ranging from undergraduates to senior scientists. These scholars come from over 15 disciplines and six educational institutions in the triangle area.

As the newly-appointed director, Hussong plans to add to the research and training mission of the CDS by supporting the formation of three new research cores. Two of these cores are now in the early stages of forming and focus on the developmental science of health-risk behaviors and developmental methodology. Hussong’s own work combines an interest in using advanced statistical and methodological approaches with the study of substance use and disorder over the first four decades of life. She looks forward to the challenge of creating opportunities for collaboration with scientists interested in health-risk behaviors across disciplines, ranging from Neuroscience to Public Health, in order to help solve the recurrence of substance addiction from one generation to the next. This reflects Hussong’s long-term goal for the Center, namely, to advance a transdisciplinary approach to studying development through team-based science that crosses levels of analysis, considers people in their contexts, utilizes advanced methodological approaches, and focuses on the emergence of behavior over time to promote health over the life course. Continuing the tradition of the CDS, Monday night seminars will take place at the Center throughout the year and Hussong is planning training workshops for faculty and fellows to help different disciplines work together and solve the problems of human development.

Aside from her duties as Director, Hussong’s main passion is her family. Along with quantitative psychology faculty, Patrick Curran, she parents twin 7-year old girls who challenge her own notions of development.

For more information on the Center’s current research studies, please visit www.cds.unc.edu.

**MEMORIAL**

**In Memory of Courtland Benjamin Smith**

The Department of Psychology invites contributions to The Courtland Benjamin Smith Award for Undergraduate Research. Created by family and friends to honor the life of Courtland Smith, this fund is intended to support annual awards for undergraduate students who are engaging in research in the area of behavioral neuroscience. Recipients will share Courtland’s eagerness to learn, his empathetic nature, his integrity and his positivity.

Courtland Benjamin Smith (May 12, 1988 – August 23, 2009) was a native of Houston, Texas, a member of the National Honor Society and captain of his high school wrestling team. Courtland enrolled at UNC-Chapel Hill in 2007 and was a Psychology major.

Please indicate Courtland Smith Fund (Fund #5650) on the check and envelope when mailing your contribution.

**Carolina Psychology**

YOUR SUPPORT IS ESSENTIAL!

- Help us retain our top-notch faculty, update our equipment and research space so that we can provide undergraduates with the best education possible and maintain our cutting edge research programs.
- Support our efforts to recruit the best faculty and students to the department.
- Help us provide graduate student funding as budget cuts have significantly reduced student support.

If you have questions about giving to Psychology or would like additional information, contact Kelleigh Smith, Associate Director of Capital Gifts, Arts and Sciences Foundation, at kelleigh.smith@unc.edu or 919/843-4454. We are grateful to all our friends and donors for their generosity. Private gifts play a critical role in the success of our department.

Please send your tax deductible gift in the enclosed envelope.
New Faculty

Sara Algoye joined the Department of Psychology as Assistant Professor on July 1, 2011. Prior to joining the Social Program as an Assistant Professor, Sara was a Postdoctoral Fellow in Barb Fredrickson’s lab, after which she was appointed as a Research Assistant Professor within the Department. She received her Ph.D. in Psychology from the University of Virginia in 2005, and was appointed as a Postdoctoral Fellow at the University of California, Los Angeles. Sara’s area of research focuses on the role of emotions in social interactions.

Radha Carlson joined the Department of Psychology as Clinical Assistant Professor on September 19, 2011. Radha will be teaching Abnormal Psychology and is also a Psychologist at Central Regional Hospital in Butner, NC. She recently received her Ph.D. in Clinical Psychology from the University of Miami, where her research focused on culturally informed family therapy for schizophrenia.

Kimberly Coffey joined the Department of Psychology as a Research Assistant Professor on July 1, 2011. She works as the statistical consultant to the Positive Emotions and Psychophysiology lab (PEPLab). The PEPLab explores the ways in which positive emotions create small psychological shifts, which accumulate to transform lives and health. Some of Kimberly’s statistical interests within the lab include parallel process latent curve models and mediation in latent curve models. Prior to joining UNC, she worked as a Postdoctoral Associate at the Duke University Medical Center. She earned both her doctorate in Clinical Psychology (2009) and formal concentration in Quantitative Psychology (2008) from UNC-Chapel Hill.

Jenna Godfrey joined the Department of Psychology as a Clinical Assistant Professor on October 10, 2011. Jenna will be teaching Abnormal Psychology and is a Psychologist at Central Regional Hospital, working in the Acute Adult Unit. Jenna received her Ph.D. in Clinical Rehabilitation Psychology from Indiana University-Purdue University Indianapolis in 2010 and completed a post-doctoral fellowship in psychosocial rehabilitation at the Palo Alto VA Hospital. Her research has focused on evidence-based treatments for individuals with severe mental illness, particularly implementation of the illness management and recovery program and assertive community treatment.

Lilly Shanahan will join the Department of Psychology as an Assistant Professor in the Developmental Program on January 1, 2012. She received her Ph.D. in Human Development and Family Studies at the Pennsylvania State University, and completed post-doctoral work at the Center for Developmental Science at the University of North Carolina at Chapel Hill and the Center for Developmental Epidemiology at Duke University. Prior to joining the Department, Lilly was an Assistant Professor of Developmental Psychology at the University of North Carolina at Greensboro. Dr. Shanahan’s research focuses on integrating models of psychosocial and biological risk factors in the development of depression and anxiety from childhood to young adulthood. She is currently Principal Investigator or Co-Investigator of two NIMH-funded projects on the development of psychopathology during adolescence.

The Community Clinic Expands (Continued from Page 1)

or more established therapy methods to understand and resolve the client’s concerns. For children and families, the clinic offers comprehensive assessment and treatment for children ages 2-18 dealing with adjustment difficulties and psychological disorders. All clinic supervisors are faculty members in the department and have significant expertise in the services that are being provided to the campus and the community.

The clinic provides specialized services for anxiety and for couples: The anxiety clinic, under the direction of Jon Abramowitz, Ph.D., provides treatment for individuals with anxiety or stress-related disorders, conducts research to understand and treat anxiety-related problems and also shares this information with the community; the couples clinic, under the direction of Don Baucum, Ph.D., provides support for couples at different stages in their relationship, including couples about to be married, couples struggling with health problems or psychological difficulties, couples who experience stigma or couples who want to enhance their relationship.

According to Erica Wise, the new location in Evergreen highlights the development of the community clinic. “When I arrived ten years ago, we had five treatment rooms in Davie; we now have five in Finley and seven in Evergreen—so this truly represents significant growth. We have especially seen growth in the Child and Family area, under the leadership of Jen Youngstrom, Ph.D., and are now able to offer substantial training to child track students in the assessment and treatment of children, adolescents and families. The anxiety clinic has been very successful and draws referrals from beyond the immediate community. In addition, the couples clinic continues to be a highly respected center for service, training and clinical research. Throughout the years, the clinic has evolved into a national model for academic training clinics.” According to long time faculty member Joseph Lowman, Ph.D., who was involved at the inception of the clinic, “The new Evergreen site represents a gradual evolution of the joining of a departmental training clinic with sustainable finances; it is a valuable resource for the university and the Chapel Hill community.”

We are optimistic that the restored Evergreen House and the clinic will flourish together for many years to come.

Erika Bagley was awarded the 2011 Tanner Teaching Assistants Award for Excellence in Undergraduate Teaching for her outstanding contributions as a Graduate Teaching Assistant. In addition to receiving this prestigious award, Erika earned her Ph.D. from the Developmental Psychology Program in May.

Daryl Cameron (Social, Dr. Keith Payne, advisor) won the very first 2011 Chester A. Insko Best Publication Award for his 2011 paper, titled “Escaping Affect: How Motivated Emotion Regulation Creates Insensitivity to Mass Suffering” in the Journal of Personality and Social Psychology.

John Guerry (Clinical, Dr. Mitch Prinstein, advisor) received the 2011 Martin S. Wallach Award for Outstanding Doctoral Candidate in Clinical Psychology. The Wallach award is given annually to one or two graduate students who demonstrate superior competence, including excellence in research, clinical, teaching or service endeavors, and voted on by faculty.

The 2011 Baughman Dissertation Awards were given to Melissa Jenkins (Clinical, Dr. Eric Youngstrom, advisor) and Jaclyn Hennessy Ford (Cognitive, Dr. Kelly Giovanello, advisor). Melissa’s dissertation develops an intervention that teaches clinicians evidence-based assessment strategies and mechanisms for improving clinical judgment in diagnosing childhood mood disorders and common co-morbid conditions. Using a randomized control trial design, she is testing whether her ‘cognitive de-biasing’ intervention leads to more accurate diagnostic and treatment decisions. Jaclyn’s dissertation research focuses on autobiographical memory retrieval in healthy older adults and older adults diagnosed with mild cognitive impairment (early Alzheimer’s). Specifically, she is interested in identifying circumstances under which older adults do and do not exhibit impairments in their autobiographical memory retrieval relative to young adults. They each received a $5,000 summer stipend.

Shawn Jones (Clinical, Dr. Enrique Neblett, advisor) received the Nancy B. Forest and L. Michael Honaker Master’s Scholarship for Research in Psychology from the American Psychological Association of Graduate Students in 2011.

Bethany Kork (Social, Dr. Barbara Fredrickson, advisor) won the inaugural 2011 Christopher R. Agnew Research Innovation Award for her research on the physiological underpinnings of social motives, as exemplified in her 2010 paper titled, “Upward spirals of the heart: Autonomic flexibility, as indexed by vagal tone, reciprocally and prospectively predicts positive emotions and social connectedness” in Biological Psychology.

Gretchen Sprow (Behavioral Neuroscience, Dr. Todd Thiele, advisor) is the recipient of the 2011-2012 King Research Excellence Award. This award honors Emeritus Professor Richard A. King for his many contributions to our Department over the years, including his lifelong commitment to research excellence.

Akihah Swinton (Developmental, Dr. Beth Kurtz-Costes, advisor) and Jack Kelcic (Developmental, Drs. Jean Louis Gariepy and Martha Cox, advisors) were recipients of the 2010-2011 Rheingold Fellowship award.

Rebecca Stevens (Developmental, Dr. Steve Reznick, advisor) was the 2011-2012 award recipient. This merit-based fellowship honors the legacy of Harriet L. Rheingold, a pioneering scholar in the field of developmental psychology.
**Welcome New Staff**

**Laura Devon**, Accounting Manager, joined the Department on July 18th. Laura has a B.S. degree in Finance and Accounting from Oklahoma State University. She previously worked for UNC as an Accounting Supervisor in the Student Accounts and University Receivables office, and has many years of bookkeeping, accounting and budgeting experience in the private sector.

**Janice Kang**, Student Services Manager, joined the Department on March 28th. Janice is a graduate of UCLA with a degree in Communication Studies and a minor in Education. Prior to joining the department, Janice worked as a Faculty Assistant and Center Coordinator at the UCLA School of Law.

**Christian Lincoln**, Accounting Technician, joined the Department on February 21st. He was previously a temporary employee in the Systems and Operations office of Procurement Services. He received his B.A. in Economics from UNC in 2009. Christian handles the accounts of the faculty in the Behavioral Neuroscience, Cognitive, and Developmental Programs.

**Christina Rodriguez**, Grants Manager, joined the Department on October 3rd. Christina has a B.A. from the University of Georgia and gained experience in grants administration after working in the Office for Sponsored Programs at UGA. Prior to Christina’s relocation to North Carolina, she held a joint position between a private stem cell research company and UGA. Her experience in proposal development and submissions spans both the academic and private sectors.

**Magen Stevens** joined the department on August 15th as the Program Coordinator for the Clinical and the Behavioral Neuroscience Programs. Prior to joining the Department, she worked as an Office Assistant in the Office for the Academic Experience at the College of Charleston. Magen has a B.A. in Public Policy Analysis from UNC-CH and an M.A. in English from the College of Charleston.

**Gina Wooldridge**, Instructional Assistant, joined the Department in December 2010. Prior to joining the Department, Gina was the Undergraduate Program Assistant for the Department of Psychology at East Carolina University. She received her B.A. in English from the University of Virginia in 2009.

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**New Research Staff**

**Shahar Gur**, Project Coordinator, joined the Department of Psychology on June 1st. Shahar received her B.A. in Psychology from UNC in 2010. She was previously a temporary employee in Dr. Mitch Prinstein’s Peer Relations Lab. She is interested in Social and Developmental Psychology, and more specifically how adolescents influence their friends’ behaviors over time. Shahar will be a Coordinator for Project ACHIEVE, which is a school-based study of adolescent prosocial and health-risk behaviors.

**Alyssa Poblete**, Project Coordinator, joined the Department of Psychology on June 6. Alyssa received her B.A. in Psychology and a minor in Comparative Literature from the University of Virginia in May 2011. At UVA she worked as a research assistant for the Diverse Family Systems Lab under Dr. Charlotte Patterson and the KLIFF-VIDA Project under Dr. Joseph Allen. She is interested in Clinical and Developmental Psychology, and is particularly interested in the association between peer/romantic relationship power dynamics and internalizing symptoms and partner aggression over time. Alyssa will be a coordinator for Project ARCH, a longitudinal study of adolescents’ peer interactions, social behaviors, and emotional and physiological reactions.

**Kathryn Fox** joined the Department of Psychology on June 12 and is currently working in Dr. Prinstein’s lab. She is a project coordinator for Project ARCH, a longitudinal study of adolescents’ peer interactions, social behaviors, self-injury, health risk behaviors, and emotional and physiological reactions. Kathryn received her B.S. in Cognitive Studies and Psychology from Vanderbilt University, May 2011. At Vanderbilt she worked as a research assistant for Dr. Judy Garber. Kathryn eventually plans on pursuing graduate work in clinical psychology.

**Charles Olbert** is a Research Technician in David Penn’s lab, where he is study coordinator for the Social Cognition Assessment of Functioning (SCAF) project, which aims to evaluate measures from social neuroscience to determine their suitability for use in clinical trials of schizophrenia. Charles has a B.A. in Philosophy (more applicable than some might suspect) from UNC and is interested in the psychosocial treatment of severe mental illness, personality disorders, developmental psychopathology, nosology, and clinical methodology. In a former life he also did astrophysics research, and intends in a future life to pursue graduate work in clinical psychology.

**Ann Firestine** is the Lab Manager in Barbara Fredrickson’s Positive Emotions and Psychophysiology (PEP) Lab. She is also the project coordinator for the Science of Behavior Change (SOBC) study which is investigating how experiences of positive emotions alter bodily systems and gene expression, sustained wellness behaviors, and associated health outcomes. Ann has a B.S. in Psychology from University of California, Riverside and a M.S. from New England College in Community Mental Health Counseling. She has been a research coordinator for over ten years, enjoys all aspects of the psychological, neurological, and behavioral sciences at UCLA, Dartmouth, and UNC.
Undergraduate Honors Program

2010–2011

Shown above are the 2010-2011 Undergraduate Honors Students, pictured with Mark Hollins, Director of Graduate Studies.