

PSYC 101: General Psychology
Department of Psychology & Neuroscience

TEXTBOOK: Weiten, Wayne (2014). *Psychology: Themes & Variations*, (9th briefer edition). Belmont, CA: Thomson Wadsworth. You must have the correct edition.

COURSE DESCRIPTION: This course is designed to give you a broad overview of the many different perspectives from which psychologists try to understand human behavior. By the end of this course, you will be familiar with these perspectives: biological, clinical, cognitive, developmental, personality, social, and abnormal psychology. This course is appropriate for those who are interested in an introductory course for the field of psychology.

SAKAI:

- Frequently refer to Sakai for important class materials and announcements
- Go to <https://sakai.unc.edu>
- Login with onyen & onyen password
- Choose our class
- If your Sakai login does not work, you will miss important emails and announcements, as well as be unable to complete assignments/quizzes. Contact ITS (962-HELP) if Sakai is not working for you. Extensions are NOT given for Sakai issues.

COURSE REQUIREMENTS:

UNDERSTAND THAT MOST OF YOUR COURSE GRADE IS BASED ON MASTERY (i.e. How well do you understand the concepts, as shown on an exam). As such, while we give credit for effort (in the form of quizzes & assignments), these account for a much smaller percentage of your course grade because in the end, what matters is how well you know the concepts.

- **4 Exams given, 3 Exams counted (including cumulative final exam): 80% of course grade**
 - Exams are weighted equally.
 - Policy on missing an exam and/or being late to an exam.
 - It is strongly encouraged that you NOT miss any exams as exams are weighted very heavily in this course.
 - Should you need to miss an exam, whether due to a university-sanction event (e.g. athletic event), religious reasons, illness, or ANY other reasons, we will allow you to miss one exam, no questions asked. There are NO makeup exams in this course.
 - You never know what will happen at the end of a semester so do NOT miss an exam unless you absolutely must.
 - If you miss a second exam, you will be given a zero for that exam. If you miss second exam due to health reasons, you will be advised to consider a medical withdrawal.
 - If you take all of Exams 1 - 3, at the end of the semester, we will drop your lowest exam score. The cumulative final exam is never dropped.

- You are considered "absent" if you are late for an exam such that at least one person in class has already completed the exam.
- It is university policy that an instructor cannot change the final exam time. An Official Examination excuse from Academic Advising (or from Student Health) is needed in order for you to take the final exam on our alternative date. Academic Advising only grants these excuses under very specific circumstances (i.e. having 2 finals at the exact same time or having three finals within a 24-hour period). Be sure to email the class email account to RSVP for this exam & bring your pink slip to the exam (the IA will be unable to give you an exam if you do not have your Official Examination Excuse in hand). The university stipulates that the final exam needs to be made up within the first 8 weeks of the next semester.
- If you miss the cumulative final exam, you will be given an "AB," which means that--IF you have an Official Examination Excuse--you will need to take the cumulative final exam on the alternative final exam time listed above and/or reschedule within the first 8 weeks of the semester. Otherwise, the "AB" turns into a permanent "F." If you do not have an Official Examination Excuse, you will be given a zero for the cumulative final exam.
- **What you need to bring to exams:**
 - Bring #2 pencil & scantron (available at Student Stores)
 - Fill out your scantron information (i.e. name, PID; no sequence # needs to be filled out) before coming to class. A sequence # is not needed.
 - Be careful not to bend/rip the scantron (or you may not get a score back)
 - Do NOT bring cell phone or other electronic devices. If you have these items with you, you may not be allowed to complete your exam.
- **Learning disabilities:** If you have a learning disability and are eligible for extended exam time, please be sure to contact Accessibility Resources & Service) to arrange for them to proctor your exams (<http://www.unc.edu/depts/lds/students-overview.html>). **Please do this at least one week before an exam.**
 - Exams must be scheduled for the **same day** as when the class is scheduled to take the exam. When scheduling the exam, choose a time which is the same or closest to our usual class time. You cannot take the exam on a day different from when the rest of the class will be having their exam; if you do, this will entail points deducted and/or a grade of zero as per discretion of the instructor, in order to be fair to all students.
 - I will send them an electronic version of the exam directly to ARS. Indicate that you'd like for ARS to remind me to send a digital copy of the exam to their office.
 - **It is VERY important for you to also email me a reminder to send your exam as ARS sometimes fails to do so.**
- **YOU WILL HAVE UNTIL THE NEXT EXAM TO REVIEW AN EXAM. Due to time constraints--as well as to improve study strategy--you will NOT**

be able to review all exams at the end of the semester. Therefore, be sure to review your exams on a timely basis!

- **When reviewing an exam, it is VERY important to RSVP for office hours so that the IA has time to locate your exam before you arrive for the review. If you come unannounced, the IA may be unable to find your exam at that time.**
- **Chapter Synopsis Exercises: 7% of course grade**
- These assignments are meant to give credit for effort; check your basic understanding of the readings; and to help you pace your readings. See Sakai's "Assignments."
 - Deadline: Completed on Sakai by **8 AM** before the start of the lecture topic (see deadlines below).
 - **Complete 9 out of 12 assignments posted.**
 - NO EXTENSIONS for any reason, including computer problems. Thus, it is STRONGLY recommended that you complete the papers at least 1-2 business days before the due date. so that you have time to manage any computer or other problems which may arise. No emailed or hardcopy submissions will be graded.
 - If you experience computer problems, contact ITS for assistance (919-962-HELP).
 - You can resubmit answers until the deadline.
 - Note: Completing additional Chapter Synopsis Exercises (in addition to the 9 required assignments) will help you to prepare for exams by covering topics we will not cover during class, but which will be tested upon during the exams. If you have 9 credits for this component of the course grade, however, further credit will not be given.
 - Be sure to submit using the **CORRECT ASSIGNMENT LINK**. It is your responsibility to check to make sure that your assignment is associated with the correct assignment link. IAs can only grade assignments which have been submitted to the correct link by deadline.
 - How to submit:
 - Assignments are posted in Sakai under "Assignments"
 - Submit via the textbox:
 - *Write your answers in Word*
 - *Copy the answers from your Word document and paste into Sakai's textbox by doing the following:*
 - *In Sakai, under "Submission/Assignment Text," click the icon which looks like a clipboard with a "W" on*
 - *When a separate textbox window appears, use Ctrl+V or Cmd + V (mac users) to paste your paper into the textbox*
 - *Clean up the textbox if necessary*
 - *Click "OK" then click the Honor Pledge (it won't submit otherwise) & click "Submit"*
 - *You will receive a confirmation if you submit successfully*
 - Grading
 - Assignments are graded for 90% accuracy and 100% effort.
 - If you receive a "1," this is full credit.

- If you receive less than "1," be sure to view IA comments to see how future submissions can receive full credit. Do an extra assignment to make up for the lost credit.
 - < 90% of answers correct (when applicable) and/or unsatisfactory effort/thought put into answering questions = .5 or less
 - This is NOT group work. Do NOT plagiarize ("*to steal and pass off the ideas or words of another as one's own : using (another's production) without crediting the source,*" www.merriam-webster.com). This is an Honor Offense (http://honor.unc.edu/index.php?option=com_content&view=article&id=54&Itemid=55).
- **Friday Homework Intensives: 7% of course grade**
- Instead of meeting face to face on Fridays, it is expected that students work with concepts for 1 - 3 hours.
- Friday Homework Intensives are meant to expose you to some classical and/or landmark psychological studies; give you practice in applying psychological concepts; and to help prepare you for upcoming exams of materials NOT covered during class. See Sakai's "Assignments."
 - **Required: Complete 9 out of 13 assignments.**
 - Deadline: Completed on Sakai by **by 5 PM** on the date that it is listed below.
 - Note: Completing additional online chapter assignments (in addition to the 9 required) will help you to prepare for exams by covering topics we will not cover during class, but which will be tested upon during the exams. If you have 9 credits for this component of the course grade, however, further credit will not be given.
 - NO EXTENSIONS for any reason, including computer problems. Thus, it is **STRONGLY** recommended that you complete the papers at least 1-2 business days before the due date.
 - No emailed or hardcopy submissions will be graded, only those in the correct designated textbox in Sakai.
 - If you experience computer problems, contact ITS for assistance (919-962-HELP).
 - You can resubmit answers until the deadline.
 - Be sure to submit using the **CORRECT ASSIGNMENT LINK**. It is your responsibility to check to make sure that your assignment is associated with the correct assignment link. IAs can only grade assignments which have been submitted to the correct link by deadline.
 - How to submit:
 - Assignments are posted in Sakai under "Assignments"
 - Submit via the textbox:
 - *Write your paper in Word*
 - *Copy the text in your paper*
 - *In Sakai, under "Submission/Assignment Text," click the icon which looks like a clipboard with a "W" on*
 - *When a separate textbox window appears, use Ctrl+V or Cmd + V (mac users) to paste your paper into the textbox*
 - *Clean up the textbox if necessary*

- Click "OK" then click the Honor Pledge (it won't submit otherwise) & click "Submit"
 - You will receive a confirmation if you submit successfully
 - Grading
 - Assignments are graded for 90% accuracy and 100% effort.
 - If you receive a "1," this is full credit.
 - If you receive less than "1," be sure to view IA comments to see how future submissions can receive full credit. Do an extra assignment to make up for the lost credit.
 - < 90% of answers correct (when applicable) and/or unsatisfactory effort/thought put into answering questions = .5 or less
 - This is NOT group work. Do NOT plagiarize (*"to steal and pass off the ideas or words of another as one's own : using (another's production) without crediting the source,"* www.merriam-webster.com). This is an Honor Offense (http://honor.unc.edu/index.php?option=com_content&view=article&id=54&Itemid=55).
- **Attendance Checks: 6% of course grade**
 - Attendance checks will be done in the form of PollEverywhere Questions and/or in-class writing assignments during class. Credit will be given for participating, regardless of whether the answer given is correct or not.
 - You must register properly in order to receive credit. Please go here to get instructions on registering for PollEverywhere: <https://www.poll everywhere.com/register?p=1jac-1a5v>
 - Checks will be given every day that we meet in person at various times during class time.
 - We will count 90% of responses to allow for absences, technical problems, ETC.
 - If you have any technical issues with PollEverywhere, please contact ITS at 919-962-HELP.
- **Power studying homework: up to 9 % bonus credit towards the cumulative final exam**
 - This online homework component will involve learning about research-based study strategies as well as "best practices." Each assignment will be worth 1% bonus credit towards the cumulative final exam. See Sakai's "Assignments."
 - Topics which are available:
 - "Note-taking"
 - "Key factors for success & Task Switching"
 - "Evidence-based study strategies"
 - "Breaking down a task and using Google calendar"
 - Motivation & Self-regulation Part 1
 - Motivation & Self-regulation Part 2
 - Why review an exam?
 - Professionalism & Professor Expectations
 - Managing test anxiety & knowing your resources
 - Deadline: Completed on Sakai by 5 PM on the dates which are listed below.
 - NO EXTENSIONS for any reason, including computer problems. Thus, it is STRONGLY recommended that you complete the papers at least 1-2 business days before the due date.

- No emailed or hardcopy submissions will be graded, only those in the correct designated textbox in Sakai.
 - If you experience computer problems, contact ITS for assistance (919-962-HELP).
 - You can resubmit answers until the deadline.
 - Be sure to submit using the CORRECT ASSIGNMENT LINK. It is your responsibility to check to make sure that your assignment is associated with the correct assignment link. IAs can only grade assignments which have been submitted to the correct link by deadline.
 - How to submit:
 - Assignments are posted in Sakai under "Assignments"
 - Submit via the textbox (It is good policy to write your answers in Word, save, and then copy and paste into the Sakai textbox.)
 - Grading
 - Assignments are graded for 90% accuracy (when applicable) and 100% effort.
 - If you receive a "1," this is full credit.
 - If you receive less than "1," be sure to view IA comments to see how future submissions can receive full credit. Do an extra assignment to make up for the lost credit.
 - < 90% of answers correct (when applicable) and/or unsatisfactory effort/thought put into answering questions = <1 or 0 credit.
 - This is NOT group work. Do NOT plagiarize (*"to steal and pass off the ideas or words of another as one's own : using (another's production) without crediting the source,"* www.merriam-webster.com). This is an Honor Offense (http://honor.unc.edu/index.php?option=com_content&view=article&id=54&Itemid=55).
- **Participant Pool – departmental requirement**
 - 6.5 hours of participation is required -- please read through the information in Sakai's "Resources"
 - Option 1: participating in experiment
 - Option 2: reading research articles & answering questions about the research articles
 - You must properly register regardless of which options you use (and you can also use a mix of options).
 - If you create an account and complete the screening questionnaire within the first two weeks of classes, the Participant Pool will award you 1.5 hours for doing this. (Thereafter, it'll only be worth .5 hours.)
 - 1.5 cap on doing online experiments
 - If these hours are not completed by the end of the semester, the psychology department will override our course grade and give you an "Incomplete" until the requirement has been completed or until the grace period expires and the grade is automatically changed into an "F."

- Contact psypool@email.unc.edu, 206 Davie Hall, if you experience problems. Please do NOT contact us about Participant Pool as we do not manage this aspect of class.
- Check the Participant Pool handout for detailed information about how to complete this requirement.
- Bonus opportunity: Complete all 6.5 hours early to receive .1% bonus towards overall course grade. Deadline is Sept. 25th, 5 PM. Having "signed up" for experiments by then does not count; hours need to have been completed by then. Please do NOT tell us when you have completed the hours; Participant Pool will let us know once the deadline has passed. Bonus credit will be posted on Sakai after 2 weeks from this deadline; if you do not receive credit at this time, contact us then. Until then, however, we thank you for your patience.
- ANY QUIZ, ASSIGNMENT, OR ATTENDANCE ISSUE MUST BE ADDRESSED WITHIN 1 WEEK OF THE ASSIGNMENT OR ATTENDANCE CHECK. Due to time constraints, we will NOT be able to address such issues at the end of the semester, aside from the most recent quiz, assignment, or attendance which took place.

STUDYING TIPS

- Carolina can be challenging but everyone can do well IF they know how to study and IF they take time to study. The goal is not to study 24-7 but to study efficiently. Tips:
 - Take excellent notes in class (or combine notes with classmates). You can never take "too many" notes.
 - Expect to take time to study. The rule of thumb is 2 hours of study outside of class for every hour you spend in class per week. SO...our 3 credit hour class = 6 hours of study outside of class per week, more if you do not have proper background knowledge.
 - Read through materials at least one time, thoroughly. Thereafter, you need to use active methods of study (e.g. self-test, self-lecture from outlines without notes).
 - Go to the Learning Center (<http://learningcenter.unc.edu/>)
 - Expert advice on how to study, how to take exams, etc.
 - Free to you
 - Tutors
 - Works best if you have prepared Qs
 - Go to Accessibility Resources & Service if you suspect a learning disorder (<https://accessibility.unc.edu/>) -- they can test you and advise you. This process takes quite some time so if you suspect you have a learning disorder, contact them immediately.

GRADING

- Course grade = (exam avg. + * .80) + (chapter synopsis exercises * .07) + (online homework avg. *.07) + (attendance check avg. * .6)

A = 93-100%	C+ = 77-79%
A- = 90-92%	C = 73-76%
B+ = 87-89%	C- = 70-72%
B = 83-86%	D+ = 67-69%
B- = 80-82%	D = 60-66%
	F = below 60%

The professor reserves the right to make changes to the syllabus, including project due dates and test dates. If such changes are necessary, they will be announced as early as possible.

NOTE: Sometimes, class will be ahead or behind the syllabus schedule. Regardless of where we are in class, follow the syllabus in terms of assignment deadlines.

NOTE: ABSENCES--for whatever reason (e.g. late registration, illness, university-sponsored event, ETC.)-- ARE ACCOMMODATED BY DROPPING AN EXAM OR ASSIGNMENT. PLEASE SEE BELOW FOR DETAILS.

COMING TO CLASS:

- It is very important that you read the chapters before coming to class.
- Print out and read through the lecture outline.
- Bring outline to class, to make note-taking more efficient.
- Be aware that there will not be enough class time to discuss all the concepts in the chapter. You are responsible for those concepts as well so if you do not understand something, be sure to make an appointment with a IA.

Schedule	Topic	Assignment
M-1/11	Intro	<p><i>Bonus Opportunity (.3% towards exams): View the Voicethread about Class Policies then go to "Assignments" and complete Voicethread Class Policies Question 1. Deadline: 1/11/2016, 8 AM.</i></p> <p><i>Be sure to be registered with "UNC's" PollEverywhere before the 1st day of class:</i></p> <p>https://www.polleverywhere.com/register?p=1jac-1a5v</p> <p><i>Chapter 1 is optional reading; exam Qs will come from lecture but chapter has more detail. If there is discrepancy between class & textbook, go with class notes.</i></p>

W-1/13	Intro/Research Methods	<i>Chapter 1 is optional reading; exam Qs will come from lecture but chapter has more detail. Where there is discrepancy between class & textbook, go with class notes. Chapter 2</i>
F-1/15	Intro	<i>"Introduction to Psychology" Friday Homework Intensive due by 5PM</i>
M-1/18 Holiday	****	****
W-1/20	Research Methods	<i>Chapter 2 Chapter Synopsis Introduction & History due, 8AM</i>
F-1/22	Research Methods	<i>"Research Methods" Friday Homework Intensive due 5 PM Power Studying: Notetaking due by 5PM</i>
M-1/25	Research Methods	<i>Chapter 2 Chapter Synopsis Research Methods due 8AM</i>
W-1/27	Research Methods Biological Bases	<i>Chapter 2 Chapter 3</i>
F-1/29	Biological Bases	<i>"Biological Bases" Friday Homework Intensive due 5 PM Power Studying: Key Factors for Success & Task Switching due by 5PM</i>
M-2/1	Biological Bases	<i>Chapter 3 Chapter Synopsis Biological Bases due 8AM</i>
W-2/3	Biological Bases	<i>Chapter 3</i>
F-2/5	Sensation & Perception	<i>"Sensation & Perception" Friday Homework Intensive due 5 PM Power Studying: Evidence-based study strategies due by 5 PM</i>
M-2/8	Sensation & Perception	<i>Chapter 4 Chapter Synopsis Sensation & Perception due 8 AM</i>
W-2/10	Sensation & Perception	<i>Chapter 4</i>

F-2/12		<p>"Exam 1 Review" Friday Homework Intensive due 5 PM</p> <p><i>Power Studying: Breaking down a task and using Google calendar due by 5 PM</i></p> <p><i>Bonus Opportunity (.3% towards exams): View the Voicethread about Class Policies then go to "Assignments" and complete Voicethread Class Policies Question 2 due today by 5 PM</i></p>
M-2/15	Sensation & Perception	Chapter 4
W-2/17	EXAM 1	Intro lecture, Chapters 2, 3, & 4 Power Studying Online Homework materials will NOT be on the exam.
F-2/19	Variations in Consciousness	<p>"Variations in Consciousness" Friday Homework Intensive due 5 PM</p> <p><i>Power Studying: Motivation & Self-regulation Part 1 due by 5 PM</i></p>
M-2/22	Variations in Consciousness	Chapter 5 Chapter Synopsis Consciousness due 8AM
W-2/24	Variations in Consciousness	Chapter 5
F-2/26	Learning	<p>"Learning" Friday Homework Intensive due 5 PM</p> <p><i>Power Studying: Motivation & Self-regulation Part 2 due by 5 PM</i></p>
M-2/29	Learning	Chapter 6 Chapter Synopsis Learning due 8 AM
W-3/2	Learning/Memory	Chapter 6 Chapter 7 reading is optional. Exam Qs will come from lecture/online activities but the chapter has more detail.
F-3/4	Memory	<p>"Memory" & "Motivation" Friday Homework Intensive due 5 PM</p> <p><i>Power Studying: Why review an exam? Due by 5 PM</i></p>
M-3/7	Memory	Chapter 7 reading is optional. Exam Qs will come from lecture/online activities but the chapter has more detail.

W-3/9	Memory/Human Development	<i>Chapter Synopsis Memory due 8 am Chapter 7 reading is optional. Exam Qs will come from lecture/online activities but the chapter has more detail. Chapter 10</i>
F-3/11	Human Development	<i>Human Development Friday Homework Intensive due 5 PM</i>
M-3/14 SPRING BREAK	*****	*****
W-3/14 SPRING BREAK	*****	*****
F-3/18 SPRING BREAK	*****	*****
M-3/21	Human Development	<i>Chapter 10</i>
W-3/23	Human Development	<i>Chapter 10 Chapter Synopsis Development due 8AM</i>
<i>F - 3/25 HOLIDAY</i>	*****	*****
<i>M-3/28</i>	Human Development/ Personality	<i>Chapter 10, Chapter 11</i>
<i>W-3/30</i>	EXAM 2	Chapters 5, 6, Memory lecture/online activities, Chapter 10 Note that Chapter 11 (Personality) will NOT be on Exam 2. Power Studying Online Homework materials will NOT be on the exam.
<i>F-4/1</i>	Personality	<i>"Personality" Friday Homework Intensive due 5 PM</i>
<i>M-4/4</i>	Personality	Chapter 11 Chapter Synopsis Personality due 8 AM

W-4/6	Psychological Disorders	Chapter 13
F-4/8	Psychological Disorders	"Psychological Disorders" Friday Homework Intensive due 5 PM
M-4/11	Psychological Disorders	Chapter 13 Chapter Synopsis Psychological Disorders due 8 AM
W-4/13	Psychological Disorders/Treatment	Chapter 13 Chapter 14
F-4/15	Treatment	<i>"Treatment" Friday Homework Intensive due 5 PM</i> <i>Power Studying: Managing test anxiety & Knowing your resources due by 5 PM</i>
M-3/18	Treatment/Social Psychology	Chapter 14 <i>Chapter Synopsis Treatment due 8 AM</i> Chapter 15
W-4/20	EXAM 3	Chapters 11, 13, 14 Power Studying Online Homework materials and Social Psychology will NOT be on Exam 3.
F-4/22	Social Psychology	"Social Psychology" Friday Homework Intensive due 5PM
M-4/25	Social Psychology	Bring in LAPTOP to complete course evaluations during class. Non-laptop devices will NOT count. Chapter 15 <i>Chapter Synopsis Social Psychology Due 8 AM</i>
W-4/27	Social Psychology	Chapter 15
FRIDAY, 4/29, 8 AM <i>Usual location</i>	CUMULATIVE FINAL EXAM	ALL MATERIALS (Friday Homework Intensives, Chapter synopses, Lecture notes, assigned chapters, Voicethreads) Power Studying Online Homework materials will NOT be on the cumulative final exam.