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Psychology & Neuroscience Undergraduate Newsletter

Volume 7 | Issue 5 December 2019

Student Spotlight

IMPT DATES

MLK Jr. Day January 21

Spring Break March 11—15

Easter Break April 19

Classes End April 26

Reading Days May 1 & May 4 Meet **Ian Niggles**, a Junior Psychology and Exercise and Sport Science double major with a minor in Statistics. He works in Dr. Andrea Hussong's Developmental Risk and Resilience Lab.

What encouraged you to get involved in research? I've always wanted to do research, but after finding out how massive the field of psychology really is, I wanted to jump into a study to see if I could find my passion within psych! I also want my career path to be in research, so it is a



great introduction to what my life might be like late on down the road.

What made you choose the lab you're with? Along with great people to work with, I have been interested in how alcohol affects the human body and Dr. Hussong's lab is looking at the relationship between consuming alcohol and emotions/affects, namely in college students. I find this topic to be particularly interesting.

What do you like most? I really like the fact that we're doing something that hits so close to home (or campus) as drinking is obviously a popular pastime and I've never thought about the topic from a scientific research perspective. I think many people tend to look at the well-known effects of drinking alcohol, but I've never talked much about the more mysterious psychological issues that can come along with it!

FOLLOW US!











Summer Courses in PSYC!

Get ahead on your major requirements!

Consider taking courses during the summer and avoid the registration challenges

of the academic year!

Maymester

PSYC 225 Sensation & Perception **PSYC 245** Abnormal Psychology **PSYC 330** Intro to Cognitive Science

PSYC 501 Theoretical, Empirical Perspectives on Personality

Summer Session I

PSYC 101 General Psychology

PSYC 175 Introduction to Neuroscience

PSYC 210 Statistical Principles of Psychology Research

PSYC 225 Sensation and Perception

PSYC 230 Cognitive Psychology

PSYC 242 Introduction to Clinical Psychology

PSYC 245 Online: Abnormal Psychology

PSYC 250 Developmental Psychology

PSYC 260 Online: Social Psychology

PSYC 270 Laboratory Research in Psychology

PSYC 320 Drugs and Human Behavior

PSYC 566 Attitude Change

Summer Session II

PSYC 101 General Psychology

PSYC 175 Online: Introduction to Neuroscience

PSYC 210 Statistical Principles of Psychology Research

PSYC 220 Online: Biopsychology

PSYC 222 Online: Learning

PSYC 230 Cognitive Psychology

PSYC 245 Abnormal Psychology

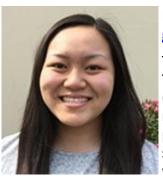
PSYC 250 Developmental Psychology

PSYC 260 Social Psychology

PSYC 270 Laboratory Research in Psychology

PSYC 504 Health Psychology

Meet a Gil Intern



Meet **Taylor Le**, one of our Fall 2018 interns with the <u>Karen M. Gil Internship Program in Psychology and Neuroscience</u>.

Taylor is a senior majoring in Psychology with a minor in Social and Economic Justice. This past semester, she interned with the Center of Excellence for Eating Disorders (CEED) at UNC Hospitals. As an intern, she worked on the Carolina College Assessments for Research and Education in Science (CARES). Taylor says, "College years be particularly high-risk for the development of emotion and mental health problems, so this study aims to learn more about college students' experiences and discover what factors may contribute to their emotional and mental health outcomes." Taylor

also worked on an individual research project to study the associations between impulsivity and harmful health behaviors common in college students, including illicit drug use, binge drinking, and binge eating. At the conclusion of her project, she was invited to present her findings to the research team, including the CEED Founding Director, Dr. Cynthia Bulik.

Taylor shares, "Not only was I able to conduct my own novel research study and gain a more in-depth understanding of the research project, I have also been able to develop my professional skills in the classroom component of the internship. Overall, the Gil Internship has been an incredibly rewarding experience."

Want to be a Gil Intern? We're accepting applications for our Fall 2019 cohort. The application deadline is March 27. Learn more about the <u>application process</u> online. Questions can be directed to <u>Molly Corrigan</u>.



Survey—Win \$50 Amazon Card

Each year, the Department of Psychology and Neuroscience goes through an assessment process. These assessments are important as they help us improve our undergraduate programming and maintain our accreditation.

This year, we are assessing the "knowledge-base" learned through our undergraduate curriculum. To do so, we have created a 48-item survey that is adapted from the GRE Psychology Test. All questions are exactly as they appeared on the official practice test, so they are a good indication of the types of questions you will receive if you take the GRE in the future as entrance to graduate school.

We recommend you take this survey when you have 1 hour to complete it. It is important to give the survey your full attention and your best effort, as these results will help us improve our program.

What's in it for you?

You could win one of two \$50 Amazon gift cards!

You'll gain valuable practice on the types of questions that appear on the GRE!

You'll be helping us improve our curriculum and courses!

You'll get warm fuzzy feelings! Thank you for taking our survey.

Access the survey here.

Jobs & Other Opportunities

Looking for a post-baccalaureate position in psychology? Check out an <u>online database of active positions!</u> You can also subscribe by email to be notified of new postings. This is a great resource for new graduates!



Dr. Eva Telzer's lab at UNC is hiring two project coordinators to start Summer 2019 on a project examining adolescent decision making. Candidates must have a B.S. or B.A. in psychology, neuroscience, or related field. One position requires fluency in written and spoken Spanish. Apply online (bilingual position) or, for the non-bilingual position, apply online.



An undergraduate research assistant volunteer is also needed in the Telzer Lab. The position is for spring and summer 2019 at 8 hours per week. The volunteer must be fluent in English and Spanish. Interested? Email dsnl.unc@gmail.com.



Dr. Stephen Freedland is hiring research positions for his urology research lab at the Durham Veteran Affairs Medical Center. Candidates must apply online.







Home Base, a Red Sox Foundation and Massachusetts Genearl Hospital Program, is recruiting a Clinical Research Coordinator to start June 2019. Applicants must have a B.A. or B.S. and prior research experience. Applicants are advised to apply online by February 1.



AIESEC Chapel Hill is recruiting members for their international youth-run nonprofit. AIESEC is partnered with the United Nations to create positive impact through shared global experiences. Apply online by January 24 and come to the new member info session on Weds January 23 at 4:30 pm in Union 3201 to learn more.



PSYC and NSCI majors ae encouraged to apply for our Donald T.
Lysle Award! This award recognizes volunteer work and service. The winner will be presented with a plaque at the Chancellor's Awards Ceremony, the only campus-wide student recognition program at Carolina!

The Lysle Award will be given to you by the Chancellor and your family will be invited to attend.

To be eligible, you must be graduating in May or August 2019. Complete the <u>application</u> & <u>email</u> by January 23.

